



Apple Crisp Recipe

5 apples, cut into slices
1 cup light brown sugar
1/2 cup whole wheat flour (or regular flour), divided
1 1/2 cups quick cook oatmeal
2 tsp. ground cinnamon
A pinch of salt
1 stick very cold butter cut into small dice

Preheat oven to 350 degrees
9 X 9 inch pan

Cut apples into slices, removing core as you cut.
Combine apples with 1 tsp. cinnamon, 2 Tbs. flour
and 3 Tbs sugar. Put apples in baking pan.

Mix remaining flour, sugar and cinnamon with
oatmeal and butter. Rub until butter is in small pieces.
Place topping on apples.

Bake for 35 – 40 minutes.